



GILWELL
PARK
LONDON

Mindful meetings

We know what it takes to make your meeting a success.

We've thought of everything so you don't have to.

£50.00 per person including VAT*

Our Mindful package includes:

- full day hire of your chosen meeting room
- fruit juice, smoothies and fruit on arrival
- healthy vegetarian buffet lunch
- afternoon woodland walk
- dedicated relaxation areas
- AV package (flipchart, projector and screen)
- stationary pads and pens
- complimentary Wi-Fi
- complimentary parking

*Based on a minimum number of 10 people.
To book or find out more please contact us.

Gilwell Park London
Chingford, London E4 7QW
Tel: 020 8498 5300 Email: info@gilwellpark.co.uk

www.gilwellpark.co.uk



GILWELL
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Overnight Wellness Retreat

£145 per person including VAT*

Our Wellness package includes:

full day hire of your chosen meeting room
unlimited tea & coffee and/or herbal tea
mid-morning smoothies and fruit
healthy vegetarian buffet lunch
afternoon woodland walk
dedicated relaxation areas~
AV package (flipchart, projector and screen)
stationary pads and pens
three course healthy dinner served in a private room
overnight en-suite accommodation
continental breakfast
complimentary Wi-Fi
complimentary parking

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